



## Homework to Prepare for Class Four: Integrating Strategy and Spirit

1. When you think about the content of this course so far, what have you learned about effective activism that you want to carry forward with you?

2. Are there any next steps you want to name for yourself?

3. Margaret Benefiel points out that trees can stay firmly rooted while moving their branches with the wind. They can provide shelter to others, while preventing the soil of our society from eroding. Imagining yourself as such a tree, what are some things that help you to stay grounded?